

# Use of complementary and alternative medicine among adult with epilepsy - experiences from a single epilepsy center in Malaysia

May-Yi Koh <sup>1</sup>, Si-Bao Khor <sup>1</sup>, Kheng-Seang Lim <sup>1\*</sup>, Si-Lei Fong <sup>1</sup>, Wei-Zhen Low <sup>2</sup>, Li-Ling Yeap <sup>2</sup> and Chong-Tin Tan <sup>1</sup>

<sup>1</sup> Division of Neurology, Department of Medicine, Faculty of Medicine, University of Malaya, Kuala Lumpur, Malaysia.

<sup>2</sup> Department of Clinical Pharmacy and Pharmacy Practice, Faculty of Pharmacy, University of Malaya, Kuala Lumpur, Malaysia.

\*Correspondence: [kslimum@gmail.com](mailto:kslimum@gmail.com); Tel.: +60379492585

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**Table S1:** Comparison of CAM usage between those with higher and lower education level. (N=140)

| Category of CAM (N)                   | Education level         |                        | p-value |
|---------------------------------------|-------------------------|------------------------|---------|
|                                       | Higher (n=51),<br>n (%) | Lower (n=89),<br>n (%) |         |
| Mind-body practice                    |                         |                        |         |
| Praying (26)                          | 13 (25.5)               | 13 (14.6)              | NS      |
| Wearing amulet (13)                   | 6 (11.8)                | 7 (7.9)                | NS      |
| Music therapy (11)                    | 7 (13.7)                | 4 (4.5)                | NS      |
| Yoga (11)                             | 8 (15.7)                | 3 (3.4)                | 0.018   |
| Biologically based practices          |                         |                        |         |
| Traditional herbs (21)                | 11 (21.6)               | 10 (11.2)              | NS      |
| Homeopathy (13)                       | 9 (17.6)                | 4 (4.5)                | 0.015   |
| Ketogenic diet (13)                   | 9 (17.6)                | 4 (4.5)                | 0.015   |
| Vitamins and Supplements (12)         | 9 (17.6)                | 3 (3.4)                | 0.009   |
| Ayurveda (9)                          | 7 (13.7)                | 2 (2.2)                | 0.012   |
| Manipulative and body-based practices |                         |                        |         |
| Massage (21)                          | 14 (27.5)               | 7 (7.9)                | 0.003   |
| Chiropractic (9)                      | 7 (13.7)                | 2 (2.2)                | 0.012   |
| Energy medicine                       |                         |                        |         |
| Acupuncture (17)                      | 11(21.6)                | 6 (6.7)                | 0.015   |
| Energy healing (Reiki) (10)           | 7 (13.7)                | 3 (3.4)                | 0.037   |

NS, not significant